

EFFECT OF GIVING COGNITIVE SUPPORT AND EMOTIONAL SPIRITUAL QUOTIENT (ESQ)

by Joko Sutrisno

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EFFECT OF GIVING COGNITIVE SUPPORT AND EMOTIONAL SPIRITUAL QUOTIENT (ESQ) TO CHANGES SEXUAL BEHAVIOR PATIENTS HIV/AIDS

Joko Sutrisno¹, Yuly Peristiwati¹, Alfian Fawzi¹

¹ STIKes Surya Mitra Husada Kediri

Email: jjokosutrisno@gmail.com

ABSTRACT

HIV is a health problem that threatens Indonesian and many countries around the world. Currently no country is free from problem HIV (Djuanda, 2011). Increases Case HIV/AIDS in the world, including in Indonesian, is one thing that should be a concern of many patients. One thing is considered to be a source of spread HIV/AIDS is a risky sexual behavior. Risk Sexual Behavior a sexual activity, especially those associated with vaginal and anal intercourse by individuals with sexual partners so that it becomes vulnerable to contracting sexually transmitted diseases as HIV/AIDS. One of the efforts to suppress the increase of HIV cases is changes in the sexual behavior of the sufferer so it does not infect other people who are still healthy. This result before and after intervention Cognitive Support an ESQ Support Sexual behavior research before treatment to 80% commit sexual behaviors that lead to the spread of HIV / AIDS and after treatment 36% perform sexual behavior that causation to the transmission of HIV / AIDS. obtained from analysis Wilcoxon p value $.035 \leq \alpha 0:05$ proved to effect cognitive support and increase to Emotional Spiritual Quotient (ESQ) expected sexual behavior patient HIV AIDS. So the they will be more motivated to live better and carry out useful activities and get closer Goals. Changes and Behavior an attitude positive and treatment are routinely expected to increase Quality of life and status of people living with HIV / AIDS.

Keywords: Cognitive support, emotional spiritual quotient (ESQ), sexual behavior

INTRODUCTION

Globally an estimated 42 million people living with HIV/AIDS, They are composed 38,6 million adult, 50% of whom were women (19,2 million) and under 15 year (3,2 million) (WHO, 2007). according to report case of HIV-AIDS from April to Juni 2013 in Indonesian the prevalence of report AIDS as many as 320 people. The highest percentage of All in the age group 30-39 years (33.8%), followed by the age group 20-29 years (28.8%) and the age group 40-49 years (11.6%). The ratio of AIDS among men - men and women is 2 : 1. Jumlah highest AIDS were reported from South Sulawesi (80), East Nusa Tenggara (76), Lampung (50), Banten (31) and Southeast Sulawesi (25). Persentase highest AIDS risk factor is sex risk in heterosexual (78.4%), the use of non-sterile syringes to IDUs (14.1%), from mother-to-child HIV positive (4.1%) and MSM (Men Sex Men) (2.5%) (Ditjen PP & PL Kemenkes RI, 2013).

Based on the data obtained from the Dr. ISKAK Hospital Tulungagung known that the patients with HIV / AIDS in 2006 was 35 people, 2007 is as much as 42, Year 2008 is as many as 62 people, 2009 was as much as 96, Year 2010 is a total of 103 people, 2011 is as much 107, 2012 is as many as 144 people, in 2013 was as much as 152 people. Based on the data obtained from space chrysanthemums during the last 5 months is known that in September 2013 is as many as 11 people, in October are as many as 26 people, November is as many as 17 people, December is as much as 4 people. While the month of January 2014 is as much as 7 people (medical record RSUD Dr. Iskak Tulungagung, 2013).

The role of health care in the prevention and control of disease HIV dilakukan through outreach to the community, mentoring high-risk groups and behavior change interventions

communities, HIV testing and counseling services, Harm Reduction services, treatment and periodic inspection of

sexually transmitted diseases (STDs), blood safety donors and other activities that support the eradication of HIV (Notoadmodjo, 2003).

Besides, awareness of the self in people with HIV to not do things - negative things like sex uncomfortable still be done. One attempt was made to change the attitudes and behavior of people with HIV are giving cognitive support in the form of provision to people living with HIV and their family members, in addition to information also given motivation, psychological assistance, and providing spiritual guidance (Rasmun, 2004). Diharapkan by administering cognitive support dapat change the attitudes and behavior of people with HIV become positive attitude and behavior, so that all activities undertaken will memotivasi HIV patients to improve their quality of life. Positive behavior will result in an increase in the immune system of HIV patients, which is indicated by elevated levels of ¹²4.

Based on the above phenomenon, the researcher interested in conducting research with title

“Effect Of Giving Cognitive Support And Emotional Spiritual Quotient (Esq) To Changes Sexual Behavior Patients Hiv/Aids”

OBJECTIVE DAN BENEFITS

Objective Research

1. General objective

Know Effect Of Giving Cognitive Support And Emotional Spiritual Quotient (Esq) To Changes Sexual Behavior Patients Hiv/Aids in kediri city .

2. Special Objective

- a) Identification of different Behavior on Patient HIV/AIDS before Giving *Cognitive Support* and *Emotional Spiritual Quotient* (ESQ) in Kediri City .
- b) Identification of different Behavior on Patient HIV/AIDS after Giving *Cognitive Support* and *Emotional Spiritual Quotient* (ESQ) in Kediri City .

- c) Analysis Effect Of Giving Cognitive Support And Emotional Spiritual Quotient (Esq) To Changes Sexual Behavior Patients Hiv/Aids in kediri city

METHODS

This Research use methods *Quasi Eksperimental* using a study design *One - Group Pretest - Posttest Design*. This research with population 20 Patient HIV/AIDS in groups *Kelompok Dukungan Sebaya (KDS)* in kediri. The sample used in this study are same 18 patients with HIV/AIDS in groups *Kelompok Dukungan Sebaya (KDS)* in Kediri City .

a) Inclusion Criteria

The inclusion criteria as follows :

Patients with HIV / AIDS yang incorporated in peer support groups (KDS) in Kediri Patients who have HIV / AIDS yang incorporated in peer support groups (KDS) in Kediri which is a group at risk of transmitting HIV / AIDS .

All Patients Patients with HIV / AIDS yang incorporated in peer support groups (KDS) in Kediri using ARVs regularly .

b) Exclusion Criteria

The exclusion criteria as follows :

Patients with HIV / AIDS yang hospitalized in the Hospital (in the condition of the drop)

Patients with HIV / AIDS yang cared for in the home are not conscious

This sampling used is *Purposive Sampling metode* namely sampling of members of the population in accordance with the criteria that have been known.

This Independent Variabel to giving *Cognitive Support and Emotional Spiritual Quotient* Variabel Depend. Changes Sexual Behavior Patients Hiv/Aids.

Data Analysis

Data analysis techniques were used to examine the Influence of Cognitive Support and ESQ Against Changes in sexual behavior in patients HIV pada Peer Support Groups (KDS) in Kota Kediri using test T-Test included the testing of nonparametric yaitu untuk compared between the two groups of related data with a level of confidence $\alpha = 0.05$. In the calculation process aided by the help of Statistics Programme For Social Science (SPSS) For Windows. To Wilcoxon Test Drawing conclusions hypothesis test results are:

1. If $p \leq \alpha = 0.05$ means that H_0 is rejected and H_1 accepted meaning There Influence of Cognitive Support dan ESQ Against Sexual Behavior Change in Patients HIV pada Peer Support Groups (KDS) in Kediri
2. If $p > \alpha = 0.05$ means that H_0 is accepted and H_1 rejected, which means not There Influence of Cognitive Support dan ESQ Against Sexual Behavior Change in Patients with HIV Peer Support Group (KDS) in Kediri

RESULT

Peer Support Groups (KDS) in the town of Kediri is a group that is potentially in assisting people living with HIV to the fullest. Therefore, its existence is need for support from the community and from the government. Empowerment of the KDS in the town of Kediri should try as much as possible to help people living with HIV in problem solving and provide motivation and good memberikandukungan moral, and spiritual. Expected with the implementation of science and technology for the people who carried on by STIKes Surya Mitra Husada Kediri can increase KDS role in memberikan troubleshooting solutions for people with HIV / AIDS both physical problems, psychological and spiritual and efforts to combat HIV / AIDS in the town of Kediri.

KDS formed to the concerns and needs of fellow sufferers of HIV / AIDS in gaining support on an individual basis. KDS can provide a comfortable and safe place to interact, exchange ideas and information where solving an issue for people living with HIV, the preservation of confidentiality, and apart from a sense of isolation and remove the stigma and discrimination of people with HIV / AIDS.

KDS support given in the form of motivation both in patients and in the patients' family. This support is done * with the establishment of peer support groups (KDS) Friendship plus in the town of Kediri, in which a container to provide support, motivation, and increased knowledge of HIV. KDS dilakukan activities, among others, performed once every month regular meetings that discuss permasalahan- Sesma problems that occur in people with HIV. The problems are discussed from their physical health, regularity of taking antiretrovirals, as well as problems concerning the psychological condition of people living with HIV. In addition to discussing the problems also are donors movement of partners involved This form of material assistance, as well as moral support and increased knowledge by giving counseling. KDS's presence in the city Kediri provides many benefits for people with HIV. They can meet with friends - friends who have suffered the same so that they do not feel alone and lonely in the fight against the disease.

PLHIV who are members of the Peer Support Groups (KDS) Friend Ship Plus in Kediri town of 100 people, they are composed of at risk groups such as female sex workers, drug users, Homo sex and also housewives. Until now recorded in Kediri in 2014, there were 456 patients in which 354 were patients and 102 HIV is AIDS. Of the total HIV / AIDS mother rumah ladder ranks second after the WPS (Women Sex Workers). Data from the Regional AIDS Commission Kediri record number of 69 people with HIV / AIDS is a housewife.

KDS Friendship Plus was established on October 28, 2007 which has a secretariat at the Jalan Banjaran Gg. Carik No. 71B Kediri, E.mail: friendship.plus@yahoo.com. KDS organizational structure Friendship Plus chaired by Yudho, secretary / treasurer sister Mira, Division Kolif women and children, brothers and sisters Narmi Services Access Division

Identifikasi karakteristik of responden

a. Characteristics of Respondents by Gender

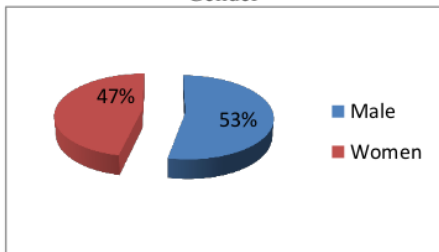


Figure 5.1 Characteristics of respondents by Gender at KDS group Friendship Plus Kediri April 19 s / d 25 April 2015

b. Characteristics of Respondents by Job

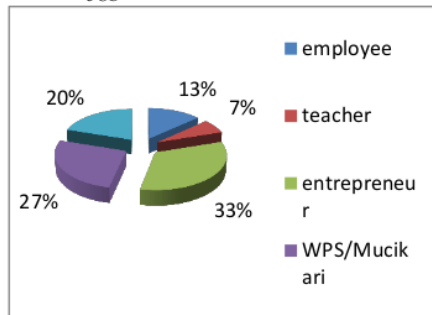


Figure 5.2 Characteristics of respondents by job group KDS Friendship Plus Kediri April 19 s / d 25 April 2015

c. Characteristics of Respondents by Married Status

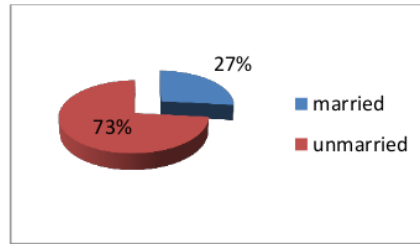


Figure 5.3 Characteristics of respondents by marital status at KDS group Friendship Plus Kediri April 19 s / d 25 April 2015

d. Characteristics of Respondents Based on ARV Consumption

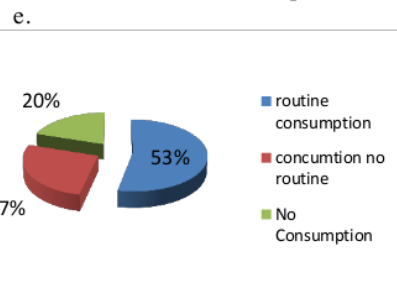


Figure 5.4 Characteristics of respondents by consumption of drugs in the group of KDS Friendship Plus Kediri April 19 s / d 25 April 2015

Variabel Of Research

a. Identification of Sexual Behaviour HIV / AIDS before Intervension Cognitive support and Emotional and Spiritual Support

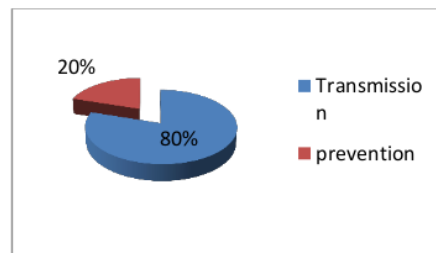


Figure 5.5 Characteristics of respondents by sexual behavior

Before treatment at KDS group Friendship Plus Kediri April 19 s / d 25 April 2015

- b. Identification of Sexual Behaviour HIV / AIDS after Intervension Cognitive support and Emotional and Spiritual Support

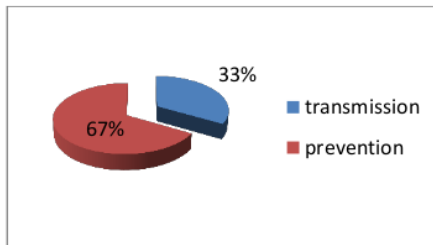


Figure 5.6 Characteristics of respondents by sexual behavior after treatment at KDS group Friendship Plus Kediri April 19 s / d 25 April 2015

- c. Analysis Effect Of Giving Cognitive Support And Emotional Spiritual Quotient (Esq) To Changes Sexual Behavior Patients Hiv/Aids in kediri city proven to exist effect of Cognitive and Emotional and Spiritual Support support to changes in sexual behavior patient HIV –AIDS dengan nilai P Value $0,035 \leq \alpha 0:05$ proved effect cognitive support and increase to Emotional Spiritual Quotient (ESQ) expected sexual behavior patient HIV IDS

DISCUSSION

- 1.1 Identification of diffrent Behavior on Patient HIV/AIDS before Giving *Cognitive Support* and *Emotional Spiritual Quotient (ESQ)* in Kediri City .
Sexual behavior Before treatment at KDS group Friendship Plus Kediri to transmission diseases 80% or prevention 20%
According Herawani (2012), Cognitive Function Support (Information) that is as raw material for the decision, which

everyone in any time will take the right decisions requires information that is relevant, useful, accurate and true.

- 1.2 Identification of diffrent Behavior on Patient HIV/AIDS after Giving *Cognitive Support* and *Emotional Spiritual Quotient (ESQ)* in Kediri City .

sexual behavior after treatment at KDS group Friendship Plus Kediri 67% to prevention or 33 % transmission diseases

Cognitive can be enhanced by changes in beliefs, emotions and behaviors. Another way to approach health social cognitive behavioral example is the effort to find ways of behavior related to health started from the consideration of people - those on health also take preventive measures depends directly on the outcome of confidence or health assessment (Herawani, 2012).

social support from family members, close friends, tetanga. Social support as cognitive consisting of knowledge, information, verbal or non-verbal advice, real help or action is given by the familiarity of social and emotional benefits or have the effect of behavior on the part of the recipient.

- 1.3 Analysis Effect Of Giving Cognitive Support And Emotional Spiritual Quotient (Esq) To Changes Sexual Behavior Patients Hiv/Aids in kediri city .

proven to exist effect of Cognitive and Emotional and Spiritual Support support to changes in sexual behavior patient HIV –AIDS dengan nilai P Value $„035 \leq \alpha 0:05$ proved effect cognitive support and increase to Emotional Spiritual Quotient (ESQ) expected sexual behavior patient HIV IDS.

Cognitive is the acquisition, structuring and use of knowledge covering every mental behavior associated with the understanding of consideration, information management, problem solving, gaps and beliefs (Nurbani, 2008).

So the they will be more motivated to live better and carry out useful activities and get closer God ,Chages and Behavior an attitude positive and treatment 2 are routinely expected to increase Quality of life and status of people living with HIV /AIDS.

CONCLUTION AND REKOMENDATION

Conclusion

1. From the research for a while it can be concluded that the provision of cognitive support and ESQ treatment in patients with HIV / AIDS Kelompok Dukungan Sebaya (KDS) Friendship Plus Kediri can be received well by respondenm, and respondents calls for this therapy regularly and continuously
2. This results of the identification characteristics of respondents by sex 53% male, 33% self-employed by occupation, by married status 73% did not / not married, based on consumption of 53% routine ARV ARV consumption, based on examination of 57% Normal CD4 levels and based blood tests
3. Sexual behavior research before treatment to 80% commit sexual behaviors that lead to the spread of HIV / AIDS and after treatment 36% perform sexual behavior that causation to the transmission of HIV / AIDS.

5.1 Rekomendation

1. Giving to cognitive support and ESQ in maintenance support odha and giving motivation support aand guidance both morally and spiritually to be able increases prevention ODHA in order to increase its life expectancy and Quality of live.
2. It should be further analysis to determine the effect of treatment on sexual behavior ODHA and improving the mental status and addiction to sexual habit.

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