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Relation of Personality Type According to Hippocrates with Implementation of Therapeutic Communication Nurse for Patient in the Leprosy Hospital in Kediri

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ABSTRACT

Personality is a factor that affects the success of a nurse in communication. Personality is what will determine whether the nurse will be giving nursing care for the patient or vice versa will be a destroyer or destroyer for patients. This study aims to determine the relationship of personality types by Hippocrates to the implementation of therapeutic communication nurse in hospital Leprosy patients in the town of Kediri. This study design was cross-sectional. The population was all nurses in Leprosy Hospitals in Kediri, Using sampling technique purposive sampling of respondents obtained 30 respondents. The independent variables in this study is the personality type according to Hippocrates and the dependent variable in this study is the implementation of therapeutic communication nurse, with a questionnaire, observation sheets and chi square statistic test $\alpha = 0.005$. The results of the study to 30 respondents note that the sanguine personality type as many as 14 people (46%), and the implementation of communication therapeutic nurse in a patient is known that a good therapeutic communication by 10 people (33.3%). Statistical test result $p \text{ value} = 0.00$ this means the value of $p < \alpha = 0.05$ sehingga H_1 accepted, then there is a relationship of personality types by Hippocrates to the implementation of therapeutic communication nurse. By maintaining the personality type of the nurses can improve the implementation of therapeutic communication was good to the patient, so that the nurses to patients have mutual trust in implementing the actions of nursing care.

KEYWORDS: Personality Type, Therapeutic Communication, Nurses

INTRODUCTION

Nursing is an interaction between nurses and patients, nurses and other health professionals, as well as nurses and community. The process of human interaction happens through communication: verbal and nonverbal, written and unwritten, planned and unplanned. To be effective in interacting nurses, they must have good communication skills. When the nurse to assume the role of leadership, they should be effective, both in communication skills verbal and written communication (1).

Communication is a most important factor that is used to establish a therapeutic relationship between nurses and patients. The human personality is made up of many components (nature), and each component is variable. Everyone has a different personality component arrangement with others. However, to facilitate a personality that can be grouped into four types, namely: Sanguine, Choleric, Melancholic, Phlegmatic (2).

The survey conducted non-governmental organizations (NGOs) Indonesia Corruption Watch in 2009 against 65.4% of patients complained of poor find a less friendly attitude of nurses during hospital. As well as nurses, nurses faced difficulties in interacting would affect nursing care will be provided.

Caregivers and patients who are not able to establish the interaction it will be a serious problem for nurses and patients. Nurses who do not smile, less friendly, and did not give an explanation will be negatively impacted. The patient will feel uncomfortable and even threatened with the attitude of the nurse if behave like the above. Poor communication is often the root cause of many problems on complaints against the hospital (3).

Under these conditions, researchers interested in conducting research with the title "Relation of Personality Type According to Hippocrates with Implementation of Therapeutic Communication Nurse for Patient in the Leprosy Hospital in Kediri"

RESEARCH DESIGN

The research design used in this study is correlational research; the approach used in this study was cross sectional. The study population was all nurses in hospitals Leprosy Kediri many as 30 people. By using purposive sampling is obtained a sample of 30 people. Research instrument used for data collection was questionnaire and observation sheet. Data management is done by editing that is by checking the data from the questionnaire and

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observation sheets, coding is done by giving the code of each characteristic, namely scoring data collected then each given a score and the next process is the analysis of the data. Data analysis was performed using chi square with $\alpha = 0,05$ dan use computers to assess the relationship of personality types by Hippocrates to the implementation of therapeutic communication nurse to the patient.

RESULTS AND DISCUSSION

CHARACTERISTICS OF RESPONDENTS

Characteristics of the subjects in this study include education, employment, and length of employment, age, sex and marital status. A description of these characteristics is shown in Table 1.

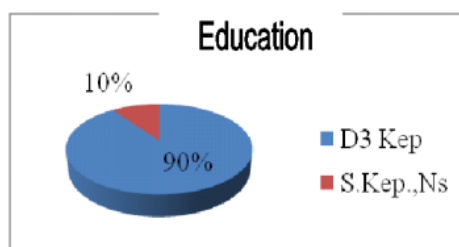


Figure 1.Characteristics of Respondents by education
Source: Results Analysis Data

Based on Figure 1 shows that the respondents' education is the most dominant DIII Keper many as 27 people (90%).

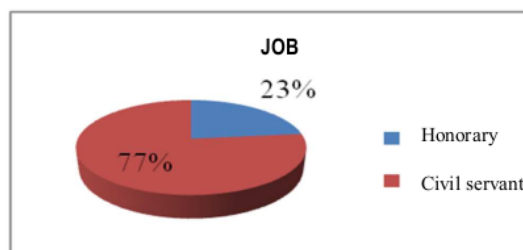


Figure 2. Characteristics of Respondents by job

Based on Figure 2 shows that the respondents most dominant job that civil servants by 23 people (77%)

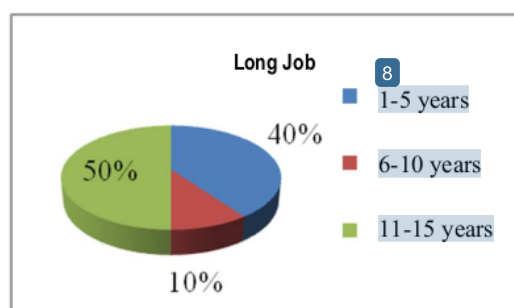


Figure 3. Characteristics of Respondents by Long Job

Based on Figure 3 shows that long working most dominant respondents are 11-15 years amounted to 15 (50%).

CHARACTERISTICS OF VARIABLE

After data retrieval, data is edited, on-coding, on-scoring, on-tabulating and in-analysis. Cross-tabulation between the characteristics of the respondent and variable characteristics can be seen in Table 1.

personality	Sanguine	communication			Total
		good	enough	less	
Sanguine	Count	11	4	0	14
	% of Total	36.6%	13.3%	.0%	46.7%
Choleric	Count	0	8	1	9
	% of Total	.0%	26.7%	3.3%	30.0%
Melancholy	Count	0	2	3	5
	% of Total	.0%	6.7%	10.0%	16.7%
Phlegmatic	Count	0	0	2	2
	% of Total	.0%	.0%	6.7%	6.7%
Total	Count	10	14	6	30
	% of Total	33.3%	46.7%	20.0%	100.0%

Statistic Test

Chi-Square Tests			
	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	30.385 ^a	6	.000
Likelihood Ratio	32.865	6	.000
Linear-by-Linear Association	19.116	1	.000
N of Valid Cases	30		
a. 11 cells (91.7%) have expected count less than 5. The minimum expected count is .40.			

Based on the statistical test using statistical test of chi-square (X^2) values obtained P-value = 0.000 (P-value < α 0.005) which means that H1 is accepted it is stated that there is a correlation between personality type according to Hippocrates to the implementation of therapeutic communication in RS Leprosy City Kediri. And personality type sanguine good in communicating therapeutic compared with other personality types.

DISCUSSION

Personality Type According to Hippocrates

The study of 30responden on May 17 - June 18, 2016 can be seen that the personality sanguine by 14 people (46%).Results of cross tabulation shows that respondents who have a personality type sanguine with D3 Kep. Ners as many as 13 people (43.3%), civil servants work as many as 11 people (36.7%), 1-5 years old working as many as 7 people (23.3 %)Basically a sanguine has a personality that likes to talk and optimistic. Someone sanguine have extrovert nature, speaking and optimistic (2). In terms of emotion, characteristic of a sanguine is an interesting personality, talkative, liven up a party, sense of humor was great, a good memory for color, physically amaze the listener, emotional and demonstrative, enthusiastic and expressive, cheerful and full of passion, full of curiosity, either on stage, naive and innocent, living in the present, to modify, to be honest, always childish. In terms of employment, the nature of a sanguine is a volunteer for the task, thinks of new activities, looks great on the surface, creative and innovative, has the energy and enthusiasm, started with a brilliant way, inspires others to join in and mesmerize others to work. A friend has the properties sanguine as easy to make friends, to love people, likes to be praised, looks fun, like children, not vindictive, preventing dull atmosphere, Like spontaneous activity. The downside of sanguine ie too talkative, selfish, people who like to show off, too voiceless, those who lack discipline, love to tell the incident repeatedly, weak in memory, no adult, no permanent establishment (2).

Implementation of Therapeutic Communication In Nursing

From the results of a study of 30 respondents can be seen that a good therapeutic communication by 13 people (44%). Results of cross tabulation shows that respondents with both the education category D3 and Kep. Ners as many as 11 people (36.6%), this shows that the higher one's education can improve the way people communicate.

Judging from the job characteristics of respondents by category communication enough that civil servants many as 11 people (37.9%), as a civil servant would have been equipped with knowledge, especially in terms of communicating, but because as a civil servant nurse demands the administration is more in focus than communicating with patients.

Judging from the work of respondents 11-15 years old with enough category of 7 people (28%) the length of a person's work can also affect either the person or the lack of communication, the more he works then its communication to the patient is usually even better, but for so many - years working in the affairs of the patient, the communication with the patient is no longer using the communication therapeutic but using communication day - day.

In terms of respondents aged 20-30 years with good communication category of 7 people (23.3%) in this case people aged over 30 years is not necessarily ordinance also good communication, gender female respondents by category communicate quite as many as 8 people (26.6%), and marital status respondents were married by category communicate well as 8 people (26.6%).

Communication is a very important in the implementation of nursing care nurse will not be able to carry out the stages of the nursing process is well when it is not good communication with clients (4).

In order to achieve a desired communications need to consider several factors that may lead to failure to achieve the communication.

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From the results of a study of 30 respondents showed that personality sanguinis by 14 people (46%). While the results of a study of 30 respondents showed that therapeutic communication was good for 13 people (44%). A cross tabulation between personality types with therapeutic communication where the is most dominant personality type sanguine with good therapeutic category communicate as much as 11 people (36.6%).

Based on the statistical test using statistical test Chi Square values obtained $P\text{-value} = 0.000$ ($P\text{-value} < \alpha 0.005$) which means that H_1 is accepted and H_0 is rejected, it is stated that there is a correlation between personality type according to Hippocrates to the implementation of therapeutic communication in RS Leprosy Kediri.

Based on the above results it can be concluded that a person's personality type and how to communicate highly correlated significantly. Of the four personality types are most dominant in the implementation of therapeutic communication is a personality type sanguine. This is because sanguine personality type has distinctive features such as attractive, talkative, friendly, great sense of humor and full of enthusiasm (5).

CONCLUSION

1. Most of the respondents, the personality type sanguine as much as 14 respondents (46%) of the total 30 respondents in RS Leprosy Kediri.
2. Most of the respondents i.e. good therapeutic communication by 13 people (44%) of the total 30 respondents in Leprosy Hospital of Kediri
3. The results of the statistical test using chi square statistical test known personality type according to Hippocrates to the implementation of therapeutic communication nurse in patients with a value of $P\text{-value} = 0.000$ ($P\text{-value} < \alpha 0.005$) then H_0 and H_1 accepted which means there is no relationship between the type of personality Hippocrates according to the implementation of therapeutic communication nurse to the patient.

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